

MENU

Bennys.

Benny

a Cultivate favourite, fresh hollandaise with 2 poached eggs, on a crispy english muffin, choose one of the following, served with potatoes. \$17.95

Ham	Avo & Tomato
Bacon	Pork Belly +\$1
Chorizo	Brisket +\$2

Benny Trio

choice is the spice of life, choose any 3 of our bennys, add \$4 for potatoes \$21.95

Hash & Scrambles.

Breakfast Hash

a base of roasted mini potatoes, peppers, onions, spinach & cheese with 2 eggs your way, choose from: sausage or chorizo or pork belly +\$1 \$17.95

Garden Hash

a base of roasted mini potatoes, peppers, onions, spinach, tomato, avocado, red pepper coulis, with 2 eggs or tofu \$17.95

Ham & Cheese Scramble

scrambled eggs with ham, cheese, tomato and spinach, served with side potatoes \$17.95

While we do our very best to accommodate allergies and dietary needs please note all food allergens are in our kitchen.

+ \$2.45 for gluten free +\$1 for split dishes

Eggs & More.

Avocado Toast

avocado, arugula, oven dried tomatoes, poached eggs, hot honey, with potatoes. \$16.95

Brekkie Sandwich

egg, cheese & tomato jam, on brioche with bacon or avocado or pork belly +\$1, with potatoes \$14.95

Breakfast Tacos

eggs, cheese, avocado, salsa, cilantro cream, bacon or veggie, with potatoes \$16.95

Classic Breakfast

2 eggs, bacon or sausage or ham, with english muffin or sourdough, with potatoes \$15.95

Handheld.

Chicken Club

roasted chicken, bacon, tomatoes, & mayo on whole wheat kaiser, with small side \$18.45

Cubano

ham, pork belly, swiss cheese, dijon mustard & pickles on brioche, with small side \$18.45

Cultivate Banh Mi

pork belly, pickled veg, slaw, cucumber, cilantro & sriracha, on roll with small side \$18.95

Turkey Gouda

roast turkey, gouda cheese, apple chutney, mayo on whole wheat kaiser, with small side \$17.95

Grilled Cheese & Chutney

aged cheddar, mozza & brie, with apple chutney on sourdough, with small side \$17.45

Dos Tacos

chicken or pork, salsa, slaw, avocado, cilantro cream, with small side \$16.95

Sides.

Daily Soup small \$6.95 large \$8.95

Kale Slaw small \$6.95 large \$8.95

Potato Chips small \$6.95 large \$8.95

Greens small \$6.95 large \$8.95

Seasonal Fruit small \$6.95 large \$8.95

MENU

Plant Based.

Smoothie Bowl	\$15 ⁹⁵
coconut vanilla yogurt, fresh fruit, house made seed brittle & granola	
Garden Hash	\$17 ⁹⁵
roasted potatoes, tofu, peppers, onions, spinach, tomatoes, avocado & coulis	
Crispy Tofu Banh Mi	\$16 ⁹⁵
pickled veg, slaw, cucumber, cilantro, tofu, sriracha, on roll with small side	
Bean & Quinoa Taco	\$16 ⁹⁵
black beans, quinoa, onions, slaw, salsa, avocado, with small side	
Mediterranean Wrap	\$15 ⁹⁵
peppers, onions, tomato, eggplant, zucchini, spinach, sprouts, crispy chickpeas, & hummus served with small side	

Entree Salads.

Kale & Arugula Salad	\$15 ⁹⁵
kale, arugula, apple, cranberries, celery, goat cheese, dijon vinaigrette	
Seasonal Salad	
a fresh salad that changes with the seasons	
Cultivate Greens	\$13 ⁹⁵
greens, oven dried tomatoes, cucumber, pumpkin seeds, berry vinaigrette	

Plus 5% gst & 10% liquor
menu subject to change without notice

Boozy Drinks.

Caesar 1oz	\$7 ⁹⁵
classic caesar with vodka & pickled bean	
Mimosa 5oz	\$6 ⁹⁵
bubbles with orange, cranberry or grapefruit	
Shaft 2.5oz	\$11 ⁹⁵
espresso, baileys, vodka & kahlua over ice	
Baileys 1oz	\$3 ⁹⁵
a great addition to coffee, latte, and more	
The Boozy Trio 1.5oz	\$15 ⁹⁵
can't decide, enjoy 3 minis, a caesar, screwdriver & baileys with coffee	
Mimosa Trio 7.5oz	\$14 ⁹⁵
3 minis; orange, cranberry & grapefruit	
Local Craft Beer 16oz	\$7 ⁹⁵
Apple Cider 12oz	\$6 ⁴⁵
Chaberton Wine 8oz	\$7 ⁹⁵

Drinks.

served hot or cold	12oz
Latte	\$4 ⁴⁵
Cortado	\$3 ⁹⁵
Cappuccino	\$4 ⁴⁵
Americano	\$3 ⁴⁵
Mocha	\$5 ²⁵
Chai Latte	\$5 ⁴⁵
London Fog	\$5 ⁴⁵
Matcha Latte	\$5 ⁴⁵
Blueberry Fog	\$5 ⁴⁵
Brewed Ice Tea	\$4 ⁴⁵
Loose Leaf Tea	\$3 ⁴⁵
Hot Chocolate	\$4 ²⁵
Milk	\$3 ⁴⁵
Juice	\$3 ⁴⁵
Pop	\$2 ⁹⁵

Upgrade to large - 16oz

+\$0⁵⁰